



Supernatural Checklist

The following symptoms or behaviors may indicate spiritual oppression, or may have opened a door for various spirits. Please check any that relate to your experience(s): Or, if you know of past or present relatives or family members who were involved in these things. Use an 'I' for yourself or an 'F' for relatives.

SYMPTOMS

- Inability to focus on and retain Biblical truth
- Extreme nervousness or negative reactions at the mention of the name of Jesus
- Had difficulty taking communion
- Difficulty participating in prayer: agitation, nausea, anger, rebellion, etc.
- Had spiritual experiences that you consider out of the ordinary
- Often have or had nightmares or frightening dreams
- Had recurrent dreams with candles, hooded figures, or snakes
- Fearful, repetitive night visitations by an evil presence
- Experienced sleep paralysis
- 'Felt' an evil presence, or was visited by an evil spirit or demon

- Went through a period where I heard voices
- Inward perception of a separate personality, name or voice that prompted undesirable thoughts or behaviors
- Separation of mind from body; spacing out, dizziness, astral travel, soul travel, automatic writing
- Had bodily pains which seemed to move and for which there was/is no medical explanation

- Uncontrollable thoughts/impressions, e.g., sexual perversion, cursing, violence
- Uncontrollable, irrational, paralyzing fear
- Unusual, non-typical emotional expressions, e.g., laughter, sadness, crying, anger
- Very strong feelings of rage and/or a desire to commit suicide, murder, arson, or other acts of violence

- Preoccupation with thoughts of death, despair, suicide and hopelessness
- Wished someone else were dead, or that you were
- Had a sudden feeling that you wanted to commit suicide
- Planned or attempted to take someone's life
- Wanted to intentionally cut yourself, or did

PRACTICES

- Reading of horoscopes
- Played games of an occult nature, such as a Ouija board, crystal ball, ESP, telepathy, Dungeons & Dragons



- Psychic abilities, clairvoyance, divination, feeling of having 'special powers'
- Practiced mindfulness or eastern meditation
- Visited a fortune teller who told your fortune by the use of cards, angel cards, tarot cards, palm reading, etc.
- Special interest in UFO's and/or has had a sighting or experience with an "alien"
- Been hypnotized
- Had someone give you a past life or re-incarnative reading
- Attended a séance or spiritualist meeting
- Consulted a medium, numerologist, or "psychic hot line"
- Read or possessed occult or spiritualist literature
- Experimented with ESP or telepathy, magic charming or rituals, or casting spells
- Sought to locate missing objects or persons by consulting someone who has psychic, clairvoyant, second sight, or psychometric powers
- Practiced table-lifting, levitation, or automatic writing
- Have been involved in white magic; doing good things through the control of psychic and supernatural power

- Attended a New Age seminar
- Practiced yoga
- Studied/practiced Kabala

- Used acupuncture
- Sought healing through Reiki, alignment of chakras and/or other types of "energy healing"
- Received "applied kinesiology" testing or treatment (also known as "muscle testing")
- Gone to or consulted with any practitioners of spells, magic, or rites, for healing
- Sought healing through magic conjuration and charming, or through a spiritualist, Christian Scientist, or anyone who practices 'spirit healing,' psychic healing, hypnosis, metaphysical healing, use of the pendulum, crystals, or trance for diagnosis, or any other occult means

- Had curses, hexes, spells or assignments sent against you
- Gone to or consulted with any practitioners of spells, magic, or rites, to break curses on yourself or to place curses on others
- Given or worn an amulet, talisman, or charm for luck or protection
- Practiced water witching

- Listened to hard rock or darkly themed music for long periods of time.
- Drawn to horror/occult themed movies such as "The Exorcist" or "Harry Potter"
- Used marijuana, LSD, cocaine, crack or any mind-expanding/altering drug
- Abused prescription drugs
- Have been exposed to pornography on-line, in magazines, topless bars, massage parlors, X-rated movies, etc.
- Had sexual relations with someone not my legal spouse



- Belonged to the Masons or related organizations, such as Eastern Star, De Molay or Rainbow Girls
- Was involved in a lodge or organization requiring rituals for membership
- One or more of my parents, grandparents or great-grandparents was/are involved in an occult, cultic, or non-Christian religious practice
- Visited or worshipped in a shrine or temple of a non-Judeo-Christian religion, or possessed books, articles or statues from any of these religions
- Been involved in any Native American practices, such as smudging, sweat lodge, or other Shamanic cleansing rituals

- Possess(ed) occult or pagan religious objects, relics, representations, or artifacts that may have been used in pagan temples and religious rites
- Have been involved in black magic, psychic control through curses, use of the black arts, or any demonic power for the purpose of harm
- Made a blood pact
- Participated in an immoral act with a demon, e.g., during sleep
- Witnessed or participated in a Black Mass
- Worn or owned the symbol of the ankh (a cross with ring top, originating from ancient Egypt)
- Attended or participated in voodoo activities, Santeria, Santa Muerte, or own items related to them

ORGANIZATIONS/SECTS

Have you (or family members, or members of past generations) ever been involved in, attended meetings at, or studied any of the groups below?

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| <input type="checkbox"/> Buddhism | <input type="checkbox"/> Shintoism | <input type="checkbox"/> The Family/Children of God |
| <input type="checkbox"/> Rosicrucian | <input type="checkbox"/> The Way | <input type="checkbox"/> Jehovah's Witnesses |
| <input type="checkbox"/> Mormons | <input type="checkbox"/> Theosophy | <input type="checkbox"/> Dhagwan Shree Rajneesh |
| <input type="checkbox"/> Eckankar | <input type="checkbox"/> Unity | <input type="checkbox"/> Freemasonry or Masons |
| <input type="checkbox"/> Scientology | <input type="checkbox"/> E.S.T. | <input type="checkbox"/> Silva Mind Control |
| <input type="checkbox"/> Hinduism | <input type="checkbox"/> Islam | <input type="checkbox"/> The Riddle of Reincarnation |
| <input type="checkbox"/> Bahai | <input type="checkbox"/> Meher Baba | <input type="checkbox"/> Transcendental Meditation |
| <input type="checkbox"/> Unitarian | <input type="checkbox"/> any Guru | <input type="checkbox"/> Worldwide Church of God |
| <input type="checkbox"/> Hare Krishna | <input type="checkbox"/> Christian Science | <input type="checkbox"/> Sun Yung Moon, Unification Church |
| <input type="checkbox"/> Edgar Cayce | <input type="checkbox"/> Clare Prophet | <input type="checkbox"/> A Course on Miracles |
| <input type="checkbox"/> New Age Movement | | |